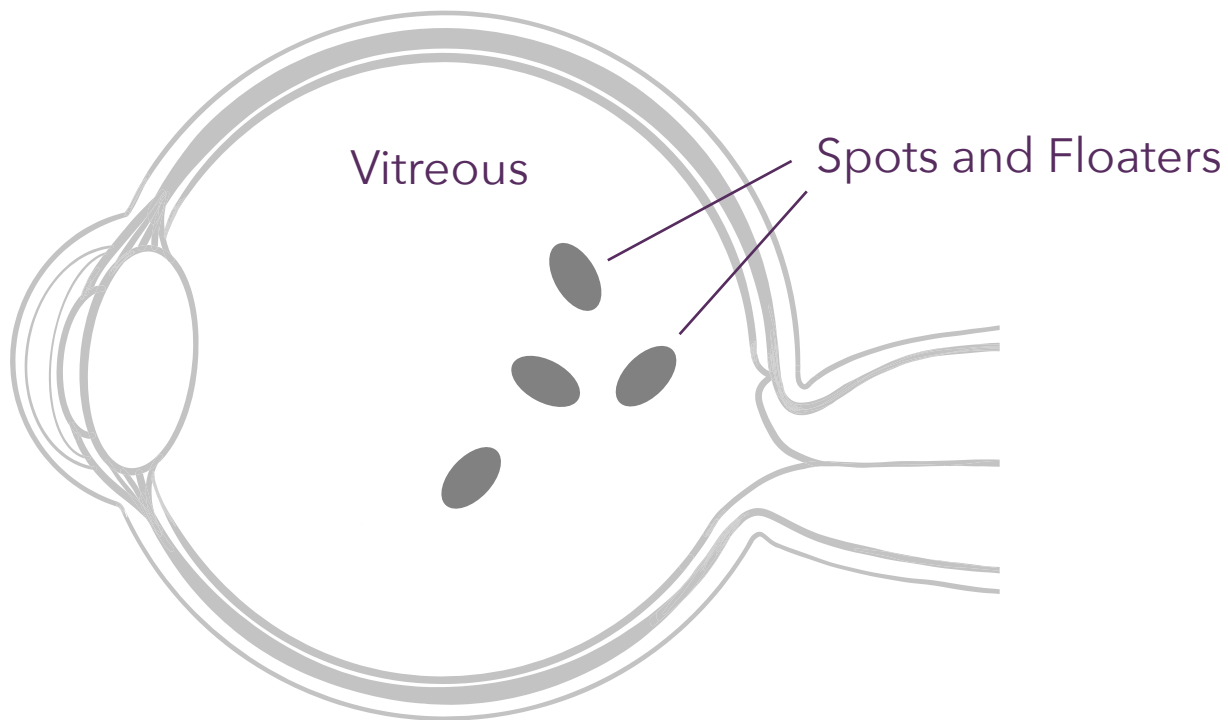


# Spots and Floaters



<p><b>Causes</b></p>	<ul style="list-style-type: none"> <li>• Age</li> <li>• Certain eye diseases</li> <li>• Eye injuries</li> </ul> <p>} These 3 cause the vitreous to become a clear liquid. The tissues from the vitreous gather into lumps that form spots or floaters. Nothing can be done to prevent this condition from getting worse.</p>
<p><b>Symptoms</b></p>	<ul style="list-style-type: none"> <li>• Flashes of light</li> <li>• Dimmed vision</li> <li>• Hazy vision</li> </ul> <p>} These 3 symptoms do not limit your vision, but can be signs of serious eye disorders. If you experience any of these symptoms, you will need an eye exam.</p>
<p><b>YOU CAN care for your eyes</b></p>	<ul style="list-style-type: none"> <li>• You can monitor yourself by checking for             <ol style="list-style-type: none"> <li>① sudden increases in the number of spots and floaters</li> <li>② changes in the shape and size of spots and floaters</li> <li>③ flashes of light</li> <li>④ dimmed or hazy vision</li> </ol> </li> <li>• If you experience any of these <b>4</b> symptoms, you will need an eye exam.</li> <li>• Prevent eye injuries. Wear necessary protective eyewear if you are             <ul style="list-style-type: none"> <li>-working on home repairs or maintenance</li> <li>-using chemicals at work or to clean</li> <li>-playing sports</li> </ul> </li> </ul>